

**Another AIPN (Aging in Place, Norwich) SERVICE DAY!
GET OR GIVE HELP. OR BOTH!
Saturday, March 12, from 10 to 3**

Our tenth Service Day is coming soon! If you would like to GIVE help for an hour or two to someone who needs an extra hand, read on. Or if you'd like to GET help with some tasks around your home that can be done by ordinary people, here is your chance! People have been thrilled to have our volunteers get these jobs done:

washing windows	preparing and delivering meals
raking a garden	hanging curtains and valences
sharpening knives	taking recycling to the transfer station
polishing silver	disposing of a Christmas tree
scrubbing a shower stall	giving a ride to the Co-op to select fresh produce
setting up a laptop	teaching ordinary computer skills
moving furniture	clearing gutters
mopping and vacuuming	removing TV, taking to Best Buy for recycling
cleaning high cabinets	driving to West Lebanon for clothes shopping
installing screens	finding a new home for a chair
washing, hanging draperies	turning sod for small garden plot
delivering item to repair shop	repairing an outdoor lamppost
cutting brush	driving to Bradford to look at stoves
moving items to/from high shelves	garden planning
moving large potted plants	snow shoveling, roof raking
	pinning up hems

If you can GIVE help or you WANT help, **please fill in the back** of this form and get it to me by Tuesday, 3/8:

Judy Pond
559 New Boston Road
Norwich, VT 05055

OR email the information requested on the back to: judy.pond@comcast.net
OR call me at 649-1420 by Tuesday, 3/8.

OUR GOAL

The goal of Aging in Place in Norwich is to help people stay in their homes as long as possible and to strengthen our community. These Service Days are making a small start. We hope to sponsor a service day every few weeks, and eventually to extend our program to cover needs every day.

As volunteers, we are not merely altruistic; we intend that a thriving, stable AIPN organization will be there for us when we need help in the future.

INFORMATION NEEDED FOR GETTING OR GIVING HELP:

___TO GET HELP: YES, I have tasks a volunteer could do for me on Saturday, March 12, starting between 10:15 and 2:00. They are:_____

Name_____ Ph one _____

email _____

Street address:_____

A volunteer will call you by Friday, 3/11 to set a time for doing the work on Saturday, 3/12.

___TO GIVE HELP: YES, I can help for an hour or two on Sat. , Mar. 12, starting between 10:15 and 2:00.

Tasks I could help with are: _____

Name_____ Phone h:_____ c: _____

email _____

Street address:_____

FOR VOLUNTEERS: If we have enough volunteers, we will assign you a partner; you might make a new friend! But you're welcome to line up your own partner ahead of time; please check with him/her and add his/her information here:

Partner's name_____ Phone:_____ c: _____

e-mail _____

Street address:_____

THANK YOU for helping to strengthen community connections! I'll be in touch with you by Wed., Mar. 9 with details. This program is an ongoing experiment. We welcome your feedback.

Judy Pond 649-1420 judy.pond@comcast.net
Volunteer Coordinator
Aging In Place in Norwich